

Kitchener

Victoria X-Ray, Ultrasound, Mammography & BMD

(UBMX)(OBSP)
751 Victoria St. South, Ste. B100
Victoria St. S/Westmount Road
PH:519-742-2636 FAX:519-742-9717

Fairway X-Ray, Ultrasound & Bone Density (UXB)

385 Fairway Road South
Fairway Rd. S. / Wilson Ave.
PH:519-748-6844 FAX:519-748-5306

Frederick X-Ray & Ultrasound (UX)

385 Frederick Street, Unit 20A
Kitchener, ON N2H 2P2
PH:519-749-9555 Fax:519-749-9312

Greenbrook X-Ray & Ultrasound (UX)

421 Greenbrook Drive, Unit 23A
Kitchener, ON N2M 4K1
PH:519-569-8592 FAX:519-569-7286

Waterloo

University Avenue X-Ray, Ultrasound, Mammography & Bone Density (UXMBV)(OBSP)

65 University Ave. E.,
University Ave. E./Weber St. N.
PH:519-746-3457 FAX:519-886-8212

The Boardwalk Diagnostic Imaging (UXMB)(OBSP)

430 The Boardwalk, Suite 108
Waterloo, ON N2T 0C1
PH:519-576-8760 FAX:226-215-3183

Cambridge

Canamera X-Ray, Ultrasound, Mammography & Bone Density (UXMBV)(OBSP)

350 Conestoga Blvd, Unit B9
Conestoga Blvd/ Can-amera Pkwy
PH:519-623-9464 FAX:519-623-6736

Grandview X-Ray & Ultrasound (UX)

167 Hespeler Road,
Hespeler Road/ Munch Ave.
PH:519-623-6060 FAX:519-623-2947



Dr. Alex Hartman and Dr. Rose Lee
Medical Directors of Imaging

www.truenorthimaging.com

Kitchener-Waterloo Area Requisition

Name: [] DOB: []
Address: [] HIN: []
[] Phone: []

ULTRASOUND

- Abdominal G.U. Tract - Kidneys-Bladder(Prostate) Pelvic
- Thyroid Scrotal Transvaginal
- Musculoskeletal [] RT [] LT Transrectal
- Dating < 16 weeks NT 11-14 Weeks (IPS/eFTS) Fetal Growth Vascular
- Anatomic 18-20 Weeks Biophysical Profile(BPP) Fertility Monitor Cycle
- Sonohysterogram. Incl. Preliminary Female Pelvis Study
- Sonohysterogram (Tubal Patency Investigation) Incl. Preliminary Female Pelvis Study
- Other (Please specify): []

BREAST IMAGING

- Mammogram Breast Ultrasound Ontario Breast Screening Program
- BIL RT LT



BONE DENSITOMETRY - AXIAL BONE DENSITOMETRY OF HIP AND SPINE

- High Risk(Once a year) Routine(Every 5 Years)

X-RAYS

- CHEST**
 - Chest PA & Lat
 - Chest PA
 - Sternum
 - Ribs & Chest PA
- ABDOMEN**
 - KUB
 - Acute ABD
- HEAD & NECK**
 - Orbits for Foreign Body
 - Neck (Soft Tissue)
- SPINE & PELVIC**
 - Cervical Spine
 - Thoracic Spine
 - Lumbar Spine
 - Sacrum / Coccyx
 - Sacroiliac Joints
 - Skeletal Survey
 - Pelvis
 - Pelvis & Hips
- Upper Extremities**
 - R L
 - Shoulder
 - Clavicle
 - AC Joint
 - Scapula
 - Humerus
 - Elbow
 - Forearm
 - Wrist
 - Scaphoid
 - Bone Age, Hand & Wrist
 - Finger
- LOWER EXTREMITIES**
 - R L
 - Hip
 - Femur
 - Knee
 - TIB/FIB
 - Ankle
 - Foot
 - Toe
 - Digit: 1 2 3 4 5
 - OS Calcis

Other (Please Specify): []
[]

CLINICAL INFORMATION

[]

Referring Doctor: []

Signature: []

CC: []

STAT VERBAL Contact Number: []

(U)Ultrasound (X) X-RAY
(M) Mammography
(B) Bone Mineral Density
(V) Vascular Ultrasound

PLEASE BRING THIS REQUISITION WITH YOU TO YOUR APPOINTMENT

You must follow instructions on reverse side

• Please arrive 10 minutes prior to your appointment for registration.

• LATE arrivals may require re-booking.

IF YOU ARE UNABLE TO KEEP THIS APPOINTMENT, PLEASE GIVE AT LEAST 24 HOURS NOTIFICATION.

APPOINTMENT	DAY	MONTH	YR.	HOUR
<input type="text"/>				

PREPARATION AND INSTRUCTIONS: These instructions are **IMPORTANT**. Please follow them.

ULTRASOUND

1. ABDOMEN (includes studies of the GALL BLADDER, PANCREAS, SPLEEN, LIVER, KIDNEYS and AORTA). If your appointment is in the morning, do not eat or drink anything after 8 p.m. the night before. If your appointment is in the afternoon, for breakfast you may eat dry toast, black tea, black coffee, juice up to 9 a.m. Nothing to eat or drink after that. These instructions are important as we require you to have an empty stomach.
2. PELVIS including TRANSVAGINAL (UTERUS, OVARIES, BLADDER) (also G.U. TRACT) and PREGNANCY (OBSTETRICAL). You must have **completed drinking** 1 hour before your appointment. Finish by You must drink 32 oz./1 litre (4 large glasses) of fluids. This can include coffee, tea, juice, water, etc.– not milk.

Do not go to the washroom. You must have a full bladder for this examination. We will try to examine you as soon as possible on arrival so that you will not have to be uncomfortable for too long. Eat the meal nearest your examination – there is no reason not to eat.

3. ABDOMEN and PELVIS examinations combined.
Do not eat anything 12 hours prior to the examination. Finish drinking 32 oz.(1 litre) of water, and **ONLY** water one hour before your examination. Finish drinking by **Do not go to the washroom.**
4. PROSTATE WITH TRANSRECTAL
32 oz./1 litre (4 large glasses) of water 1 hour before appointment. Do not go to the washroom. Finish by Take mild laxative the evening before.
(PROSTATE ONLY – OMIT LAXATIVE)

X-RAY

5. Ladies who may be pregnant should not be x-rayed during the last two weeks of their menstrual cycle.

MAMMOGRAPHY

6. On day of examination, after showering do not use deodorant, antiperspirant, or talcum powder on chest or underarms, since particles in these may show up on mammogram.

BONE MINERAL DENSITY

7. On the day of examination do not take calcium supplements or iron tablets until after the examination is completed.

This requisition form can be taken to any licensed facility providing healthcare services including hospitals and IHFs, such as those listed on the IHF program website:
<http://www.health.gov.on.ca/en/public/programs/ihf/facilities.aspx>